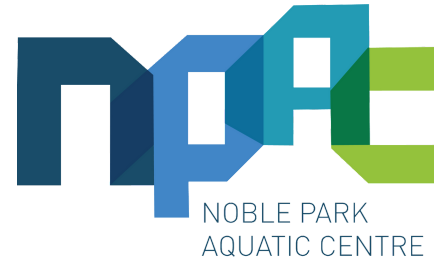




**South East
Leisure**



Reformer Pilates Timetable

Monday

9:45am – 10:45am

10:45am – 11:45am

6pm – 7pm

7pm – 8pm

Tuesday

6:30am – 7:30am

7:30am – 8:30am

Wednesday

9:30am – 10:30am

10:30am – 11:30am

6pm – 7pm

7pm – 8pm

Thursday

6:30am – 7:30am

7:30am – 8:30am

6pm – 7pm

7pm – 8pm

Friday

9:30am – 10:30am

10:30am – 11:30am

Saturday

8:30am – 9:30am

9:30am – 10:30am

Sunday

*Proposed Reformer Timetable – to begin on December 12 – subject to change